**Dioscorea bulbifera**

**Common name**
Yams wurzel (German), pousse en l’air (French), papa voladora (Spanish), Brot wurzel (German), hoiei oe pas (English, India), igname bulbifère (French), inha me (Portuguese, Brazil), hoi (Hawaiian, Hawaiian Islands), potato yam (English), yam (English), kaie (Fijian, Fiji Islands), be llo (Palauan, Palau Islands), air yam (English), hoi (Tongan, Tonga Islands), hoii (Niuean, Niue Island), cheeky yam (English), wild yam (English), magnaheugo (Chamorro, Guam Island), pureka (English, Namoluk - Nóm wunuk- Atoll), kaie manu (Fijian, Fiji Islands), kaie ndranu (Fijian, Fiji Islands), soi (Samoan, American Samoa Islands), mata (Marshallese, Marshall Islands), sarau (Fijian, Fiji Islands), yoi (Yapese, Yap (Wa qab Island), bitter yam (English), ellai (English, Kosrae Island), dau kwasi (English, Solomon Islands), dau fasi (English, Solomon Islands), hoii (English, Tahiti Island), rook (Yapese, Yap-Wa qab Island), ãpwereka (English, Chuuk Islands), air-potato (English), puruka (English, Satawan Atoll), palai (English, Pohnpei Island), pwereka (English, Chuuk Islands), pwer (English, Sata wan Atoll), aerial yam (English), ’oi (English, Cook Islands), nà me de gunda (Spanish), pwerh (English, Puluwuat - Pwonowôt- Atoll), pî’oi (Hawaiian, Ka uai’i Island)

**Synonym**
*Dioscorea hoffa*, Cordem.
*Dioscorea tamnifolia*, Salisb.
*Helmia bulbifera*, (L.) Kunth
*Dioscorea bulbifera*, L. var. *vera* Prain & Burk ill
*Dioscorea crispata*, Roxb.
*Dioscorea dicranandra*, Donn.Sm.
*Dioscorea heterophylla*, Roxb.
*Dioscorea pulchella*, Roxb.
*Dioscorea tenuiflora*, Schltdl.
*Smilax decipiens*, Spreng.

**Similar species**
*Dioscorea alata*, *Dioscorea sansibarensis*

**Summary**
*Dioscorea bulbifera* is a highly invasive plant and presents a management problem in many parts of the world. Despite some medicinal and agricultural uses, *D. bulbifera* is widely characterized as an organism that outcompetes and smothers native vegetation.
Species Description

*Dioscorea bulbifera* is a monocotyledonous, dioecious, herbaceous perennial vine. Its annual stems, which arise from tubers, twine counterclockwise (Schultz, 1992). Langeland (undated) writes that "stems are round or slightly angled in cross section...[and] leaves are long petioled [with] blades to 8 in or more long." *D. bulbifera* has simple, alternate, obvate leaves, characterized by their distinct heart shape and veined pattern. Aerial tubers, or bulbils, arise from the axils of the plant and are usually smooth and subspherical. *D. bulbifera* is identifiable especially by its aggressively climbing, twining stems, which reaching lengths of 60 feet or more, and its "large heart shaped leaves...and potato like aerial tubers from the leaf stems" (Schultz, 1992).

Notes

In an analysis of 4 wild Nepalese yam species, including *Dioscorea bulbifera*, Bahndari and Kawabata (2004) found that constituent chemicals in the yams "tend to imply that...wild yams may present a health hazard potential, which in turn demands propor processing before consumption to eliminate the effects of the antinutrients." Another study, by Beck et al (1984), evaluated traditional preparation methods of wild yams by Australian aboriginals. The process of baking, slicing, and leaching the yams overnight in running water removed the bitter compound diosbulbin D, making the yams palatable. Plant microfossil analysis from the Me' Aure' Cave in Moindou, New Caldaonia, and the Yuku rock sheltor in Papua New Guinea suggests that *D. bulbifera* or a closely related precursor was present in these regions between 2700-18000 YBP (Horrocks et al, 2007a;Horrocks et al, 2007b).

Lifecycle Stages

Morisawa (1999) writes that tubers and bulbers of *Dioscorea bulbifera* usually sprout during spring, using dead vegetation from the previous years' growth to gain access to the canopy. Bulbils, which can lie dormant for up to a year, are produced in mid-summer and drop to the ground in the late summer/early fall (Schultz, 1992). Stems begin to die back in the early fall. Morisawa (1999) notes that "raccoons, wild hogs and other animals do not seem to feed upon the bulbils," a factor which contributes to *D. bulbifera*’s rampant growth.

Uses

Schultz (1992) notes that "*Dioscorea bulbifera* is one of the most common and widespread food yams and can be found in every hot, humid tropical region of the world." *D. bulbifera* is high in diosgenin, and is collected in the wild for steroidal drug hormones. Chemicals derived from *D. bulbifera* are also used in contraceptive pills. (University of Wisconsin-Madison, 1999).

Habitat Description

*Dioscorea bulbifera* demonstrates aggressive growth in a variety of mesic habitats, especially thickets, disturbed areas, fence rows, and hardwood hammocks. *D. bulbifera* does not inhabit coastal areas due to its salt intolerance, and it is rarely found in pinelands (Morisawa, 1999). In tropical hammocks, *D. bulbifera*’s growth is most concentrated in canopy gaps (Schultz, 1992).
Reproduction
Dioscorea bulbifera is vegetatively propagated. By producing an abundance of bulbils (aerial tubers) in its leaf axils, D. bulbifera assures its continuation, especially since soil contact is not necessary for stem production (Morisawa, 1999).

General Impacts
As an invasive plant, Dioscorea bulbifera has a variety of negative impacts. D. bulbifera interrupts natural ecosystem function by forming a mat of vines impenetrable by other plants or sunlight. D. bulbifera can smother both seedlings as well as full grown trees (Shultz, 1992) D. bulbifera also impacts wildlife species dependant on native vegetation. Economically, extra taxes and fees sometimes must be levied to help pay for control and eradication efforts. (Invasive.org, 2002).

Management Info
Management of Dioscorea bulbifera is generally labor intensive, expensive, and requires multiple visits to control sites. Horvitz and Koop (2001) participated in a study which investigated the relationship between native and non-native vine behaviour in the Miami-Dade area. Their intensive control program for D. bulbifera included: pruning native vines for better access to non-natives; cutting non-native vines; hand application of herbicide to non-native vines; hand pulling non-native seedlings/tubers; and positioning and pruning native species to facilitate growth and canopy access. Sites were revisited within 6 months for recutting, reapplication of herbicides, and \"hand removal of seedlings or other regenerative organs\" (Horvitz and Koop, 2001). Horvitz and Koop (2001) note that \"management significantly reduced seedling recruitment by non-native vines.\" Other researchers cite similar active management techniques for D. bulbifera, whose bulbils/tuber system is notoriously difficult to eradicate. Shultz (1992) notes the importance of disposing removed plant material in a secure location to avoid re-germination.

Preventative measures: D. bulbifera should not be recommended as an ornamental plant. It is classified as a Class A Noxious Weed in Alabama and as a noxious weed in Florida (NRCS, 2007).

Chemical: Morisawa (1999) writes that \"RoundUp, a nonselective herbicide, will kill the vines but the tuber will most likely resprout...Garlon 4 applied at a 10% concentration provides good control when applied with the basal application method. Completely encircle the lowest 30-61cm of the stem or trunk with the herbicide and form a band at least 15cm wide. Garlon 4 (10% concentration) and Garlon 3A (50% concentration) provide excellent control when applied to a cut surface.\" Wound vines with a hatchet and apply herbicide during the growing season (Morisawa, 1999).

Biological: An ongoing study by Sambura and Pemberton (ARS, 2007) seeks to identify natural insect herbivores of D. bulbifera in Nepal. So far the researchers' have identified a possible biological control agent in the Nepalese air potato beetle, Liliocerus spp.

Pathway
GLOBAL INVASIVE SPECIES DATABASE
FULL ACCOUNT FOR: *Dioscorea bulbifera*

**Compiler:** National Biological Information Infrastructure (NBII) & IUCN/SSC Invasive Species Specialist Group (ISSG)

**Review:** Forest Starr and Kim Starr, Botanical Research Associates United States Geological Survey Biological Resources Division Makawao, Maui, Hawaii USA

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**ALIEN RANGE**

[5] AMERICAN SAMOA  
[4] FIJI  
[7] FRENCH POLYNESIA  
[1] GUATEMALA  
[1] MEXICO  
[1] NICARAGUA  
[1] NIUE  
[4] PALAU  
[7] TONGA  
[14] UNITED STATES  
[1] WALLIS AND FUTUNA

**BIBLIOGRAPHY**

18 references found for *Dioscorea bulbifera*

**Management information**

*Agriculture Research Service (ARS) 2007. Online database. *Dioscorea bulbifera*

**Summary:** This source provides information on possible biological control agents for *D. bulbifera*.


**Summary:** This article details a exhaustive management scheme for removal of non-native vines in Florida. It encompasses mechanical and chemical control methods.


*Invasive.org (Invasive and Exotic Species). Online database *Dioscorea bulbifera*

**Summary:** Provides detailed list of impacts of invasive species, including *D. bulbifera*. Also provides identification clues and a summary of management techniques.


**Summary:** This website provides a basic physical description and management techniques as well as an exhaustive list of alternate taxonomic and common names.


*Langeland, K., Undated. Natural Area Weeds: Air Potato (*Dioscorea bulbifera*). UF/IFAS.*

**Summary:** Detailed account of species physical appearance and habits in Florida habitats. Provides some management information and Florida distribution.


**Summary:** This paper provides management information for Pacific Island locations as well as distribution information.


**General information**


**Summary:** This article provides information on possible toxins present in *D. bulbifera*.


**Summary:** This article provides information pertaining to the native distribution of *D. bulbifera*.

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**Summary:** This article presents a plant microfossil analysis of remnants found in the Me Aure Cave.  
**Summary:** This article presents a plant microfossil analysis of remnants found in the Yuku rock shelter.  
**Summary:** Detailed taxonomic information and useful links to other sites. An online database that provides taxonomic information, common names, synonyms and geographical jurisdiction of a species. In addition links are provided to retrieve biological records and collection information from the Global Biodiversity Information Facility (GBIF) Data Portal and bioscience articles from BioOne journals.  
**Summary:** Detailed physical description of Dioscorea bulbifera and two closely related species, D. alata and D. sansibarensis. Also provides management information and impacts.  
**Summary:** This database provides information about the species including distribution, noxious weed classifications, taxonomy, as well as links to related sites.  
**Summary:** This site provides extensive information about D. bulbifera s habitat, ecology, distribution, and common names.  
**Summary:** Detailed account of species physical appearance and habits. Also contains detailed management information for North America.  
**Summary:** Provides a brief description of D. bulbifera as well as medicinal uses of the plant.  
USDA, ARS, 2007. Dioscorea bulbifera National Genetic Resources Program. Germplasm Resources Information Network - (GRIN) [Online Database]. National Germplasm Resources Laboratory, Beltsville, Maryland  
**Summary:** Information for species including common names, distribution, uses.  
**Summary:** This article examines the preparation techniques used by Australian aboriginals to ready D. bulbifera for consumption.